

# FIND YOUR 25th HOUR

## 20 MINUTES OVER DINNER



Everyone could use an extra hour each day to talk to their kids, but who can find the time?

Robin found an extra hour in her day...  
here's how:

- 20 minutes over dinner
- 10 minutes waiting for the bus
- 20 minutes doing laundry
- 10 minutes before bed

= The 25th Hour

That elusive 25th hour. The time you need to keep up with your kid's life. People are discovering it every day. It's easier than you think to stay involved in your child's life. Have a conversation with your kids over dinner. In the car. Grocery shopping. At the bus stop. While doing laundry. **No deep thoughts, no birds and bees, just "Can you tell me about your day?" can make all the difference.**

The **25th** Hour

Every minute adds up to something special.



Tell us how you discovered your 25th hour  
610-630-2111 or [www.FindYour25thHour.org](http://www.FindYour25thHour.org)